

BAILEY FAMILY DENTAL & BRACES

“HELPING PEOPLE THROUGH DENTISTRY”

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REMOVABLE APPLIANCES

Here is some information for you about your appliance.

- The appliance must be worn at all times except:
 - during physical sports, such as football, soccer, and basketball.
 - when you are eating.
 - when you are cleaning it.
- Your appliance may come out at night unknowingly for up to a week. Do not allow your dog or cat in your room during this time, as it will “chew up” your appliance.
- Never put the appliance where a dog or cat can get it.
- Never put the appliance in a napkin. (It’s too easy to forget about it being in there and end up getting thrown away with the napkin.)
- Never try to chew gum with the appliance in your mouth.
- Brush your appliance twice a day with your toothbrush and toothpaste.
- Your appliance should only ever be:
 - in your mouth.
 - in its case.
 - in your hand, being cleaned.

Practice Not Limited To Orthodontics